# Parent Workshops

2017-2018

The WIN Department would like to invite you to some informative workshops to help with your child's teen years. Rachel Cosgrove, SENCO and Selina Chard, Assistant SENCO and Kamile Feike, Lead Teacher at the Base, will go through a range of topics. This is a chance to meet with other parents, have a cup of coffee/tea and ask questions.

The sessions are in the WIN building and very informal.

#### 1. Promoting Independence

**Wednesday 4th October 2017**—How to help your child gain independent skills and make their own choices. Looking at how styles of parenting work. Looking at the sorts of life skills we can develop in children; self care, hygiene, outdoors etc

#### 2. Support networks

**Wednesday** 8th November 2017—What support is available out in the community and elsewhere? Sharing information about opportunities such as clubs, grants and charities that can provide valuable support for families.

#### 3. Positive behaviour

**Wednesday 7th March 2018**—Understanding what behaviour is telling us. Helping your child manage their emotions and some handy, practical strategies you can try at home.

#### 4. The importance of reading and literacy skills

**Wednesday 2nd May 2018**—What are the skills needed for reading? How can we support our children in developing better literacy skills. What might be the barriers; comprehension, processing, dyslexia etc. How do I know what to do to help my child?

Sessions for pupils and parents together:

**Sports session in the school sports hall.** A fun and inclusive parents and kids sports session—obstacle races, games and team sports—all levels catered for!

Date to be confirmed.

**Forest School** – a fabulous session in the outdoors; camp fires, crafts, cooking and bushcraft. Date to be confirmed–limited numbers so booking essential.

## Please Book In Advance—6-7pm

### Please contact;

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