Year 8 West

Class code	Lesson	Healthy Me (4 WEEKS) 1st September – 25th September	Knowledgeable Me (4 WEEKS) 28th September – 22nd October	Leader Me (6 WEEKS) 3rd November – 18th December *Includes one lesson of **Santa Fun Run** at the **end** and **Park Run** at the **start***	Healthy Me (4 WEEKS) 5th January – 29th January	House Matches (2 WEEKS) 1st February – 12th February	Knowledgeable Me (4 WEEKS) 22nd February – 19th March	Drop down week – Alternative sports week 22nd March – 26th March	Leader Me (4 WEEKS) 12th April – 7th May	Competitive ME (8 WEEKS) 10th May – 2nd July	House Matches (3 WEEKS) 5th July – 21st July (1 week of practice)
8W/PE1	**Week A MON 3**	Swimming (water competency)	Basketball/ Badminton (EPE)	Football	Netball		Outdoor Education		Gymnastics	Athletics	
	A THUR 1										
	B MON 3										
	B WED 3										
8W/PE2	**A MON 3**	Gymnastics	Swimming (water competency)	Basketball/ Badminton	Netball		Football		Outdoor Education	Athletics	
	A THUR 1										
	B MON 3										
	B WED 3										
8W/PE3	**A MON 3**	Outdoor Education	Gymnastics	Swimming (water competency)	Basketball/ Badminton		Football		Netball	Athletics	
	A THUR 1										
	B MON 3										
	B WED 3										
8W/PE4	**A MON 3**	Football	Outdoor Education	Gymnastics	Swimming (water competency)		Basketball/ Badminton		Netball	Athletics	
	A THUR 1										
	B MON 3										
	B WED 3										
8W/PE5	**A MON 3**	Football	Netball	Outdoor Education	Gymnastics	**Uni – Hoc & Bench ball**	Swimming (water competency)	**Golf, ultimate frisbee, pickleball, Tchoukball, flag football Gaelic Football.**	Basketball/ Badminton	Athletics	**Striking and Fielding**
	A THUR 1										
	B MON 3										
	B WED 3										
8W/PE6	**A MON 3**	Basketball/ Badminton	Netball	Football	Outdoor Education		Gymnastics		Swimming (water competency)	Athletics	
	A THUR 1										
	B MON 3										
	B WED 3										

Year 8 East

Class code	Lesson	Healthy Me (4 WEEKS) 1st September – 25th September	Knowledgeable Me (4 WEEKS) 28th September – 22nd October	Leader Me (6 WEEKS) 3rd November – 18th December *Includes one lesson of **Santa Fun Run** at the **end** and **Park Run** at the **start***	Healthy Me (4 WEEKS) 5th January – 29th January	House Matches (2 WEEKS) 1st February – 12th February	Knowledgeable Me (4 WEEKS) 22nd February – 19th March	Drop down week – Alternative sports week 22nd March – 26th March	Leader Me (4 WEEKS) 12th April – 7th May	Competitive ME (8 WEEKS) 10th May – 2nd July	House Matches (3 WEEKS) 5th July – 21st July (1 week of practice)
8E/PE1	**Week A WED 3**	Swimming (water competency)	Basketball/ Badminton	Football	Netball		Outdoor Education		Gymnastics	Athletics	
	A FRI 4										
	B TUES 4										
	B FRI 4										
8E/PE2	**A WED 3**	Gymnastics	Swimming (water competency)	Basketball/ Badminton	Netball		Football	**Golf, ultimate frisbee, pickleball, Tchoukball, flag football Gaelic Football.**	Outdoor Education	Athletics	
	A FRI 4										
	B TUES 4										
	B FRI 4										
8E/PE3	**A WED 3**	Outdoor Education	Gymnastics	Swimming (water competency)	Basketball/ Badminton	**Uni – Hoc & Bench ball**	Football		Netball	Athletics	**Striking and Fielding**
	A FRI 4										
	B TUES 4										
	B FRI 4										
8E/PE4	**A WED 3**	Football	Outdoor Education	Gymnastics	Swimming (water competency)		Basketball/ Badminton		Netball	Athletics	
	A FRI 4										
	B TUES 4										
	B FRI 4										
8E/PE5	**A WED 3**	Football	Netball	Outdoor Education	Gymnastics		Swimming (water competency)		Basketball/ Badminton	Athletics	
	A FRI 4										
	B TUES 4										
	B FRI 4										
8E/PE6	**A WED 3**	Basketball/ Badminton	Netball	Football	Outdoor Education		Gymnastics		Swimming (water competency)	Athletics	
	A FRI 4										
	B TUES 4										
	B FRI 4										