



Engagement Patterns

- Participation rates in physical activity and sport.
- Impact on participation rates: gender, age, socio-economic group, ethnicity, and disability.
- Interpretation and analysis of graphical representation of data, associated with trends in participation rates.



Age

Many sports lend themselves to being more suitable to younger people. Examples of such sports include football and athletics

Ethnicity

Ethnic minority groups participate in less sport in the UK. One reason for this is stereotyping ethnic groups to certain sports

Socio-Economic Group

Your socio-economic group can have a big effect on what sport you take part in, as the cost of some sports is very expensive



How things are improving:

- Role models from ethnic minority groups are being created in many sports e.g. Alice Dearing (swimming)
- Golf clubs will often now give cheaper prices to certain disadvantaged groups
- There are initiatives from the government which encourage older people to take part in sports
- Girls are now being given the opportunity to play football/rugby in PE lessons at school whereas boys will often take part in sports such as netball/dance
- The Paralympics has millions of viewers, which can act as inspiration for people with disabilities to take up sport

Disability

Currently many people with disabilities do not have access to facilities or sports clubs

Gender

Sports can often be wrongly seen as 'more' male or female and this can put people off taking part

