

A Level Physical Education at The Warriner School



Physical Education A - Level

Exam board: AQA

Entry requirements:

English Language GCSE 6, Physical Education GCSE 6, Biology GCSE 6

Subject details:

This qualification is linear. Linear means that students will sit all their exams and submit all their non-exam assessment at the end of the course.

Theory Content

Paper 1: Factors affecting participation in physical activity and sport

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

- Written exam: 2 hours
- 105 marks—35% of A-level

Paper 2: Factors affecting optimal performance in physical activity and sport

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

- Written exam: 2 hours
- 105 marks—35% of A-level

Practical Content

Students assessed as a player, performer or coach in the full sided version of one activity.

Plus: Written/verbal analysis of performance.

- Internal assessment, external moderation
- 90 marks—30% of A-level (15% of the assessment is for the practical and 15% of the assessment is for the analysis and evaluation of performance)

The analysis and evaluation of assessment will be marked out of 45: analysis (20 marks) and evaluation (25 marks).

Higher Education and Employment Opportunities:

A level Physical Education is a very popular qualification at higher education and highly regarded. This can lead to jobs within private sectors, sport sciences, Physical Education teaching and personal opportunities through personal training and sports therapy.