

Methods of Revision

1. Summarisation

Condensing information into shorter, key points helps reinforce understanding. After studying a topic, write a summary in your own words, focusing on main ideas and essential details.

2. Brain Dumps

This technique involves writing down everything you remember about a topic without looking at your notes. It helps identify what you know well and what you need to review, promoting active recall.

3. Mind Maps

Creating visual diagrams that represent relationships between concepts helps organize information. Start with a central idea and branch out with related topics, using colors and images to enhance memory.

4. Revision Cards

Use flashcards to write questions on one side and answers on the other. This method facilitates active recall and spaced repetition, making it easy to review key concepts anytime.

5. Low-Stakes Tests

Taking informal quizzes or practice tests can reduce anxiety and improve retention. These assessments help you gauge your understanding and identify areas needing more focus.

6. Practice Questions

Working through past exam questions or sample problems allows you to apply what you've learned in a practical context. This method helps familiarize you with the format and style of actual exams.

Incorporating these techniques can create a well-rounded revision strategy!