



THE WARRINER WILL HELP IN A HEART BEAT

By Daniel V



Picture by Zack G

The Warriner School is one of seven places in Bloxham which hosts £1,800 of life saving equipment.

A defibrillator and wall-mounted case are fixed to the sports hall wall where anyone can access it – in and out of school hours.

Community Responder Alex Harrison said “It might be expensive, but it’s worth every penny, even if they only save a few lives.”

The machine is one of £15,000 of equipment throughout the village. The others are situated in Jubilee Park, Bloxham Museum, Bloxham Primary School, Courtington Lane, the Ex-Servicemen’s Club on High Street and XXXXXXXX.

When a person’s heart has stopped, anyone calling 999 will be given the code to one of the defibrillators.

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WARRINER WORD COMMENT

Next time you walk to the sports hall, take note of the insignificant – looking box attached to the wall. In reality, that box is in no way insignificant. In fact it is a box of tricks which could save the life of your loved one. Every year in the UK, there are more than 30,000

cardiac arrests and less than 1 in 10 of those people survive. Yet early defibrillation can increase survival rates by 50 to 70 per cent. Bloxham residents are lucky enough to benefit from seven of these exceptional pieces of equipment and we also have a community

responder who has given up his free time to save lives. Alex Harrison is an example of what community is all about—being equipped to help each other, being prepared to help each other and wanting to help each other: Ready, responsible, respectful!

*At the going down of the
sun and in the morning.
We will remember them.*



Every year, on the second Sunday of November, the UK pauses to honour the sacrifices made by the armed forces in conflicts around the world.

Remembrance Sunday, observed on November 10 this year, was a solemn occasion that brought together communities, veterans, and citizens to remember those who have served and died in the line of duty.

At the Warriner School we remembered the fallen and celebrated Remembrance Sunday by having assemblies everyday in the week building up to the 10th of November.

In these assemblies we had a two minute silence to honour those who sacrificed themselves for our freedom.

The History Department, led by Mrs Glaze, also ran a poppy appeal during the week. All the money raised went to the Royal British Legion which helps those veterans and their loved ones who need support.

Mrs Glaze said: “Many veterans talk of how important Remembrance Day is to remember fallen comrades forever and to tell their stories so they will always be remembered; to be grateful and think of times gone by.

“This is an important part of British history and culture, to think of past events that have shaped our society. Year Nine are currently studying World War One and have learnt about the important contribution that many countries made.

“For example, by Autumn 1914, one in three soldiers were from the Indian Army (at this time India also included Bangladesh, Pakistan and Sri Lanka). British colonies sent over 2.5 million men to fight in the First World War.

“By 1918 every household in Britain knew someone who served in this war and so every village, town, city in the country now has memorials to those service people from both world wars and more recent conflicts.”

Responding for our community

By Daniel V



Picture by Zack G

Alex Harrison has saved many lives, and he regularly sees one of those people walking around Bloxham.

He said: "It's a very humbling experience, saving lives."

Mr Harrison, aged 62, is a member of the Bloxham Parish Council and is a community first responder.

He said that it was an unpaid, voluntary role, where you go out to respond to 999 calls and NHS calls through 111.

However, they don't respond to scenarios like violence or a car crash as in these events there are likely to be more than one casualty.

He normally operates within a 5-10 mile radius of Bloxham. Although they do have DRVs (Dynamic Response Vehicles) which carry more kit and means they can go further - about 20-25 mile radius.

Mr Harrison has been a community first responder for a year. He volunteers about 50-60 hours a month and has saved many lives – including responding to seven cardio arrests!

Alex Harrison said: "Anyone can help, the only requirements are being over 18, being first aid trained and being able to do CPR for two minutes!"

He is only despatched to an incident if there is an ambulance as backup on the way as they don't have the resources to stay with a victim for a long time and keep them safe.

However, they are regularly sent out for minor injuries (e.g. a broken arm) where an ambulance would arrive in a few hours. Therefore, the patient can get treatment when they're low down the priority list for an ambulance.

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The automated system then tells the user how to "jump start" the patient's heart. It can even identify whether there is already a heart beat.

Mr Harrison, who is also a parish councillor in Bloxham, said he would like to see the village follow the "Swedish Model".

In Sweden, a person is always only 200 metres away from a defibrillator. The country also includes first aid training for five year olds as part of their school curriculum.

This simple approach has drastically increased the cardiac arrest survival rate to 25%, compared to just 8.5% in England.

Five Reasons to have Defibs

Lifesaving in Emergencies:

Defibrillators provide immediate assistance in cases of cardiac arrest, where every second counts.

Improved Community Health and Safety:

Anyone has access to emergency life-saving equipment.

Cost-Effective:

A defibrillator can reduce the long-term costs associated with severe cardiac arrest cases.

Encourages Community Preparedness:

Defibs in village locations encourages training and awareness.

Sense of safety and security:

Knowing a defibrillator is available provides reassurance in the event of a cardiac arrest.

SPORTS ROUND-UP

By George McVicker & Henry Baldwin

NETBALL

Well done the small group of Year 10 and 11 students who went to Abingdon County Schools Netball Championships.

They finished a very respectable fifth out of nine at the tournament last month.

PE teacher Mrs Brown said: "Winning against private schools Oxford High and St.Edwards, as well as Lord Williams Secondary, the team showed resilience, great teamwork and commitment to perform at their best!

"It was a pleasure to take and represent the Warriner at such a high standard Tournament!"

RUGBY

Congratulations to the Year Seven rugby team for their performance against Warwick School. The team displayed excellent continuity, physicality in defence and respect for their opponents, team mates and the referee. The final score was 25 - 5 to Warriner.



FESTIVAL FOOTBALL



Bloxham Primary School, Christopher Rawlins School, Deddington Primary, Bishop Carpenter Primary and Shenington Primary all took part in a festival of football hosted by The Warriner.

There were girls' teams that played a full tournament while the boys only did a leaderboard.

The matches were 7 - 10 minutes long and were refereed by Y7-Y10s. Pitches 1,2,3 was for the girls' games and pitches 4,5,6,7 was used for the boys games.

All games started off at the same time, when the bell rang by Miss Brown. The first games for the girls, all five-aside games, and for the boys, seven-aside games. The girls' teams who got through will be placed in a county cup, while the boys still need another festival!