



Year 11 Matters

Exam Season Weekly Newsletter

Week 2 – 23rd - 27th May 2022

Bright Start

Week one of the exam season has gone extremely well. We are proud of Year 11 and the resilience you have shown. **There have been some nerves, but most of you feel better for getting started and realising this is your time to shine.** It is a time to achieve and to celebrate what you can do. One student said: "To make myself feel better I just remember that examiners don't take marks off they only give out marks. They are looking to give me marks so I have to give them plenty of opportunities to do this". Highlight of the week, was witnessing the Drama students leaving the Drama Theatre, for their exam, to the Rocky soundtrack. There were supportive hugs and shouts of 'Break a Leg!' It is a hard-working time but a positive mindset, team spirit and a work life balance can make the whole experience rewarding and successful!

Study Groups for All

After School Study Groups are effectively a Period 6. They run from 3.00-4.15pm. Look at the plan to the right showing the Study Groups for next week. If it is one of your subjects:

We Expect You There!

This hour of revision with specialist expert teachers is the ideal preparation for exams the next day or later in the week.

We Care about YOU!

You have made a great start!

Exam nerves are normal but talk to family, friends, and school if you feel you are too anxious about the exams. We are here to help. Talking to someone can make you feel so much better, and we have many stress busting techniques you can try.

Remember there are a number of stress busting extra-curricular activities being run by the PE Department.

Week 2 Plan

Register in Your Tutor Room at 8.15am

Monday 23rd May:

8.15am: All Year 11 in Tutor Rooms

8.25am: Geography Exam Breakfast in the Lec. Theatre

8.45am: Enter exam room for Geography Exam

Periods 4 & 5 - English Revision for target group

3.00-4.15pm: Study Groups for Maths & French (French students prioritise French as you have an exam the following morning).

Tuesday 24th May:

8.15am: All Year 11 in Tutor Rooms

8.25am: French Exam Breakfast in the Lecture Theatre

8.45am: Enter exam room for French Exam

12.30pm: Exam Lunch for PE in the Lecture Theatre

12.45pm: Enter exam room for PE Exam

3.00-4.15pm: Study Group English

Wednesday 25th May:

8.15am: All Year 11 in Tutor Rooms

8.25am: English Exam Breakfast in Tutor Rooms via TEAMS

8.45am: Enter exam room for English Lit

3.00-4.15 Study Group Religious Studies

Thursday 26th May:

1.00pm: Exam Lunch for Religious Studies in Lecture Theatre

1.15pm: Enter exam room for Religious Studies Exam

3.00-4.15pm: Science Study Group

6.00-7.00pm: Science Exam Skills on Teams

Friday 27th May:

8.15am: All Year 11 in Tutor Rooms

8.25am: Science Exam Breakfast in Tutor Rooms via TEAMS

8.45am: Enter exam room for Science Chemistry Exam (Not Synergy)

12.30pm: Exam Lunch for Computer Science in Lecture Theatre

12.45pm: Enter exam room for Computer Science Exam

3.00-4.30pm: PE Study Group

Start of the Day Reminders

- Please register in Tutor Rooms at 8.15am
- Do NOT go straight to Exam Breakfasts
- You can bring your own food and drink to Exam Breakfasts and Lunches
- Exam Breakfasts and Lunches are compulsory

Monday 6th June Year 11 in School

Monday 6th June is the first day after Half Term. It is an INSET Day for teachers and other year groups are not in school. Year 11 will be required in school as follows:

- 8.15 – 8.40am German Exam Breakfast in the Lecture Theatre (All Students studying German)
- 8.45am – Enter exam room for German exam
- 9.30am – 11.30am – Targeted Students for English (100) and Science (50)
- **12.00-2.00pm -ALL Students will need to be in for Maths Revision**
- Please provide transport and food on this day.

Keep Active

Regular physical activity impacts the brain, it:

- Boosts your memory
- Improves your concentration
- Reduces stress and boosts your mood
- Builds confidence



Uniform - Please do not lower standards, stay professional. Blazers and school shoes are required.

Sleep – Improves alertness, mental sharpness, concentration, confidence, and performance.

Whitsun Half Term Revision Sessions

Date	Time	Subject & Target Group	Teacher	School or Teams
Mon 30 th May	9-11am	Geography - All Geog Students	Mr Farmer	School
Tues 31 st May	2-4pm	English Language & Literature Three sessions will be running aimed at different target grades.	Mrs Halsall, Mr Jackson & Mrs Weaver	TEAMS
Wed 1 st June	9-11am	Sociology – All Students	Miss Campbell	TEAMS

We do want you to keep a balance over Half Term, so most revision sessions are on TEAMS and we are limiting these to three days. You will be given a list of Guided Revision activities for half term to complete at a time to suit you. We want you to plan a sensible amount of revision focused on your weaker topics to make those key marginal gains. Plan in time for you to relax, see friends and keep your activities going. This will help your exam performance.

Exam Motivation – Be clear on the benefits!

- What are your dream results?
- Why do you want them?
- How will it benefit your life next year?
- How is it going to improve your life in 5 or 10 years?

Exam Performance – Concentrate on your strategy!

- What is your plan before your exam to be calm, composed, focused and on time?
- What is your strategy in the exam, including timings?
- How are you going to make sure you read and fully understand the question?
- List some top tips to maximise your performance.

Revising in School

As you are aware, you will be following your normal timetable when not in exams. Your expert teachers will guide your revision for their subject. However, when the final exam is over for that subject, you can choose what you want to revise in these lessons. This is already the case for Art and Drama. Please make sure you have your revision guides and resources with you as it will be a work session in a quiet atmosphere where you and your classmates can concentrate. We want you to run off some exam stress in PE, but you can request to do supervised revision.

We are proud of you! Be the very best you can be!